

What is FSH?

FSH muscular dystrophy, or FSHD, is a disease that results in progressive deterioration of nearly all skeletal muscle including the **face, shoulders** and upper arms (**humerus**).



One in four people with FSHD will eventually require a wheelchair.



"We dream of a future where FSHD no longer limits mobility. That day is within reach, but it takes all of us to make it happen!"

Get Involved!

Your contribution transforms the future for people with FSHD.

To donate an item for our next auction or to learn more about how you can help, visit: fshfriends.org



In Pursuit of a Cure

Send us an email:

connect@fshfriends.org

or find us on social media:

Instagram: [@fshfriendsorg](https://www.instagram.com/fshfriendsorg)

[facebook.com/FSHresearch](https://www.facebook.com/FSHresearch)

Terry Colella, President
217 19th Place
Kirkland, WA 98033

P: (425) 827-8954
terry@fshfriends.org
www.FSHFriends.org



In Pursuit of a Cure

Gatsby's Garden Party

2027 Gala Dinner & Auction

February 6, 2027

Hyatt Regency Bellevue



Creating a future where a diagnosis of FSHD is followed by *"...we have a treatment."*

Advancing Discovery

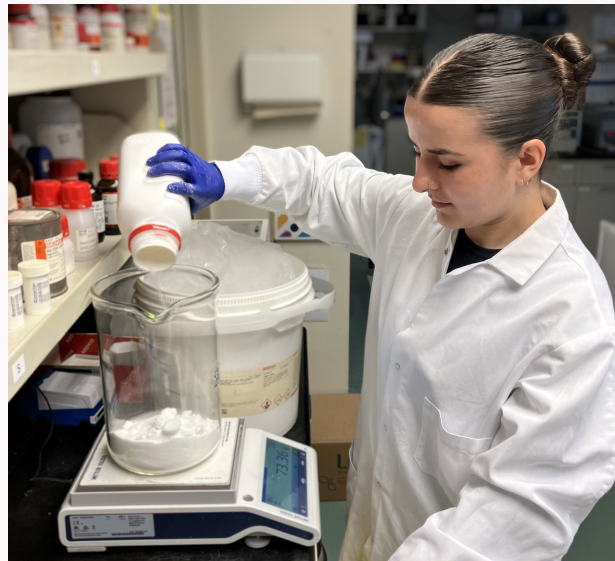
Since 2005, over \$9M has been invested in research to accelerate the discovery of a treatment or cure.

\$ Where did your last year's contributions go?

- \$252,000 - Fred Hutch Research Center
- \$55,000 - University of Washington
- \$135,000 - Histone Therapeutics Seattle
- \$75,000 - Talus Bioscience Seattle
- \$100,000 - University of Nevada Reno
- \$45,000 - University of Colorado
- \$20,000 - Spingbok Analytics Virginia
- \$124,000 - Leiden University Netherlands
- \$84,000 - Aix-Marseille University France
- \$36,000 - Newcastle University UK

Acting Globally

We collaborate with researchers across the globe to ensure funding drives science where it's needed most.



In Pursuit of a Cure

Transforming Futures

100% of the funds raised from your donations goes directly to research.

"The progress thus far has done wonders for my spirits and gives me hope to press on until that fantastic day when a cure is finally found"
Jason D.



\$170,000 raised for research at 1st annual auction

First research project funded

2005

Friends of FSH Research-funded group wins \$6.3M NIH grant

Researchers confirm DUX4 gene causes FSHD

2010

Research Funding exceeds \$9M

First Clinical Trial

2019

2026