

# What is FSH?

**FSH** muscular dystrophy, or FSHD, is a disease that results in progressive deterioration of nearly all skeletal muscle including the **face, shoulders** and upper arms (**humerus**).



Like one in four people with FSHD, Jaya requires a wheelchair for basic mobility.



*My dream is that one day I will walk like everyone else. I'm sure that day will come because of all the people that are helping and keep saying "Yes, we will make it." - Jaya*

# Get Involved!

Your contribution will transform the future for people living with FSHD.

To donate an item for our upcoming auction or to learn more about how you can make a difference, visit:

[fshfriends.org](http://fshfriends.org)



send us an email:

[connect@fshfriends.org](mailto:connect@fshfriends.org)

or find us on social media:

[facebook.com/FSHresearch](https://facebook.com/FSHresearch)

**Instagram:** [@fshfriendsorg](https://www.instagram.com/fshfriendsorg)

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## *In Pursuit of a Cure*

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### *2025 Gala*

### *Dinner and Auction*

February 1, 2025

Hyatt Regency Bellevue

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Creating a future where a diagnosis of FSHD is followed by "...we have a treatment."

# Advancing Discovery



Over \$7.5 million invested in research to accelerate the discovery of a treatment or cure.



All funding comes from our community: friends, neighbors and local businesses.



We collaborate with researchers to ensure funding drives science where it's needed most.



Where did your last year's contributions go?

\$239,000 - Fred Hutch Cancer Center

\$98,400 - King's College London

\$96,800 - University College London

\$85,000 - Spingbok Analytics

\$30,000 - Saint Louis University

100% of the funds raised from your donations goes to research

## Acting Globally



*"The progress thus far has done wonders for my spirits and my soul, and gives me hope to press on until that fantastic day when a cure is finally found" —Jason D.*

## Transforming Futures



\$170,000 raised for research at 1st annual auction

First research project funded

2005

Friends of FSH Research-funded group wins \$6.3M NIH grant

Researchers confirm DUX4 gene causes FSHD

2010

Research Funding Exceeds \$7.5 M

First Clinical Trial

2019

2024